

U.S. DEPARTMENT OF EDUCATION NATIONAL CENTER FOR EDUCATION STATISTICS WASHINGTON, D.C. 20208-5651 NUTRITION EDUCATION IN U.S. PUBLIC SCHOOLS: ELEMENTARY TEACHER SURVEY, K-5 FAST RESPONSE SURVEY SYSTEM	O.M.B. NO.: 1850-0733 EXPIRATION DATE: 1/31/98
This survey is authorized by law (P.L. 103382). While you are not required to respond, your cooperation is needed to make the results of this survey comprehensive, accurate, and timely.	

DEFINITIONS FOR THIS SURVEY:

- Collaborative or cooperative work** - students work together in small groups to solve problems or do projects.
- Coordinated school nutrition policy** - may address such issues as coordinating nutrition education across subjects and across grades, collaboration between the school meals program and the classroom, and policies on outside food vendors in the school and closed lunch periods.
- Coordinating nutrition education across subjects and across grades** - refers to the integration of nutrition lessons into subjects such as math and science, and the integration across grades so the lessons at each grade level build on the previous year's lessons.
- Hands-on learning** - students engage in direct learning experiences by applying their learning to real-life situations or everyday issues and events.
- Nutrition education materials** - lesson plans, curriculum guides, posters, pamphlets, multimedia, etc., designed to improve health, achieve positive change in dietary habits, and emphasize the relationship between diet and health.
- Nutrition education** - refers to curricula, courses, lesson plans and units, and activities designed to provide instruction with regard to the nutritional value of foods and the relationship between food and human health.

LABEL

IF ABOVE INFORMATION IS INCORRECT, PLEASE MAKE CORRECTIONS DIRECTLY ON LABEL.

Name of person completing form: _____ Title: _____

Telephone: _____ Fax: _____ E-mail: _____

Best days and times to reach you (in case of questions): _____

PLEASE RETURN COMPLETED FORM TO: WESTAT 1650 Research Boulevard Rockville, Maryland 20850
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 FRSS Form No. 60, 2/97

1. This school year (1996-97), have you taught or will you teach lessons about nutrition to your students? (Include lessons taught by invited speakers.)

Yes 1 No 2

2. Which of the following resources would help improve **nutrition education** in your classroom? For column A, indicate whether each resource is already available to you. For column B, indicate how much potential each resource has to improve **nutrition education**.

	A. Resource already available?		B. Potential to improve nutrition education			
	Yes	No	None	Small	Moderate	Great
a. Ongoing inservice training that focuses on teaching strategies for behavior change.....	1	2	1	2	3	4
b. School food service personnel serving healthy, well-balanced meals in the cafeteria	1	2	1	2	3	4
c. Reference materials on nutrition education available at your school	1	2	1	2	3	4
d. Support from your school or district for nutrition education as a valid use of instructional time	1	2	1	2	3	4

3. Do you have the following policies readily available to you at school?

	Yes	No
a. A written policy or guidelines on nutrition education from your school, district, or state.....	1	2
b. A coordinated school nutrition policy	1	2

Check your answer to question 1. If you answered “no” to question 1, skip now to question 10. If you answered “yes” to question 1, continue with question 4.

4. About how many total hours will you have spent teaching about nutrition to your students by the end of this school year (1996-97)? (Include both time dedicated specifically to nutrition lessons and time spent on integrated lessons.) _____ hours

5. To what extent do you integrate lessons about nutrition into the following subject areas? (*Kindergarten teachers may skip this question.*)

	Not at all	Small extent	Moderate extent	Great extent
a. Health/physical education.....	1	2	3	4
b. History/social studies.....	1	2	3	4
c. Mathematics	1	2	3	4
d. Reading/language arts.....	1	2	3	4
e. Science.....	1	2	3	4
f. Some other subject (<i>specify</i> _____)....	1	2	3	4

6. Do you teach nutrition as a separate subject?

Yes 1 No 2

7. To what extent are the following things true of the nutrition education materials you use?

	Not at all	Small extent	Moderate extent	Great extent
a. The materials are up to date.....	1	2	3	4
b. The materials are age appropriate	1	2	3	4
c. My students find the materials appealing	1	2	3	4
d. I have enough materials for all my students to use	1	2	3	4
e. Most of the materials are ones I found or developed on my own	1	2	3	4

8. To what extent do you use the following teaching strategies for nutrition lessons?

	Not at all	Small extent	Moderate extent	Great extent
a. Active discussion	1	2	3	4
b. Collaborative or cooperative work	1	2	3	4
c. Computers or other advanced technology.....	1	2	3	4
d. Demonstrations	1	2	3	4
e. Field trips	1	2	3	4
f. Guest speakers	1	2	3	4
g. Hands-on learning	1	2	3	4
h. Lecturing.....	1	2	3	4
i. Media presentations	1	2	3	4
j. Role playing	1	2	3	4
k. Special events (e.g., fairs, plays).....	1	2	3	4
l. Student projects.....	1	2	3	4
m. Team teaching.....	1	2	3	4
n. Some other strategy (<i>specify</i> _____).....	1	2	3	4

9. To what extent are the following factors barriers to cooperation with your school's meals program in providing **nutrition education** to your students? If you feel there are no barriers, check here and skip to Question 10.

	Not at all	Small extent	Moderate extent	Great extent
a. No onsite kitchen at this school.....	1	2	3	4
b. The way the school meals program is operated (e.g., outside vendor, satellite kitchen).....	1	2	3	4
c. Unsure what activities are possible	1	2	3	4
d. Insufficient instructional time to fit in activities.....	1	2	3	4
e. Insufficient time on the part of the meals program staff.....	1	2	3	4
f. Classroom and meals program schedules hard to coordinate....	1	2	3	4
g. Lack of administrative support or approval.....	1	2	3	4
h. Lack of interest by the meals program staff.....	1	2	3	4
i. Other barrier (<i>specify</i> _____).....	1	2	3	4

10. In this school year (1996-97), to what extent have you or your school used, or do you plan to use, the following strategies to involve parents in the **nutrition education** of their children?

	Not at all	Small extent	Moderate extent	Great extent
a. Including parents in homework assignments	1	2	3	4
b. Sending home educational materials to help parents learn about nutrition or teach their children about nutrition.....	1	2	3	4
c. Inviting parents to attend nutrition classes.....	1	2	3	4
d. Inviting parents to attend special events, such as School Lunch Week or tasting parties.....	1	2	3	4
e. Inviting parents in nutrition-related careers to speak to the class.....	1	2	3	4
f. Asking parents to give in-class demonstrations	1	2	3	4
g. Asking parents to send healthful snacks to school.....	1	2	3	4
h. Offering nutrition workshops or screening services for parents ..	1	2	3	4

11. What types of instructional materials (in addition to any you already use) would be useful to you in your nutrition education efforts? Mark the extent to which the following types of **nutrition education materials** would be useful.

	Not at all	Small extent	Moderate extent	Great extent
a. Teacher materials such as curriculum guides or trade books.....	1	2	3	4
b. Textbooks.....	1	2	3	4
c. Supplementary student materials such as worksheets	1	2	3	4
d. Publications such as newsletters, magazines, or pamphlets	1	2	3	4
e. Student assessment materials	1	2	3	4
f. Manipulatives and laboratory materials	1	2	3	4
g. Computer software	1	2	3	4
h. Audio and visual aids such as films, videotapes, or posters	1	2	3	4
i. Other materials (<i>specify</i> _____).....	1	2	3	4

