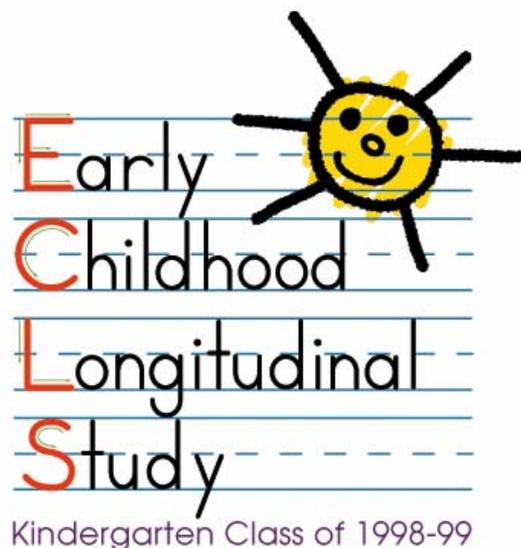


SPRING 2004 FIFTH GRADE CHILD FOOD CONSUMPTION QUESTIONNAIRE



L A B E L

Prepared for the U.S. Department of Education
National Center for Education Statistics

Assurance of Confidentiality

The collection of information in this survey is authorized by Public Law 107-279 Education Sciences Reform Act of 2002, Title I, Part C, Sec. 151(b) and Sec. 153(a). Participation is voluntary. You may skip questions you do not wish to answer; however, we hope that you will answer as many questions as you can. Your responses are protected from disclosure by federal statute (PL 107-279, Title I, Part C, Sec. 183). All responses that relate to or describe identifiable characteristics of individuals may be used only for statistical purposes and may not be disclosed, or used, in identifiable form for any other purpose, unless otherwise compelled by law. Data will be combined to produce statistical reports. No individual data that links your name, address, telephone number, or identification number with your responses will be included in the statistical reports.

EXAMPLE

1. During the **past 7 days**, about how many times did you eat fish, such as tuna fish, fish fingers, fish sandwich, fish soup and so on?
 - a. I did not eat fish during the past 7 days ①
 - b. 1 to 3 times during the past 7 days 2
 - c. 4 to 6 times during the past 7 days 3
 - d. 1 time per day 4
 - e. 2 times per day 5
 - f. 3 times per day 6
 - g. 4 or more times per day 7

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 1850-0750. The time required to complete this information collection is estimated to average 10 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collected. If you have any comments concerning the accuracy of the time estimate or suggestions for improving the survey instrument, please write to: U.S. Department of Education, Washington, DC 20202-4651. If you have comments or concerns regarding the status of your individual response to this survey, write directly to: National Center for Education Statistics, 1990 K Street, N.W., Washington, DC 20006.

These questions are about buying food and drinks at your school. Please only think about buying things at school; do not think about eating at school.

1. In your school, can kids **buy** candy, ice cream, cookies, cakes, brownies or other sweets in the school?

a. Yes..... 1 **(GO TO 2)**

b. No 2 **(GO TO 4)**

2. During the **last week** that you were in school, how many times did you **buy** candy, ice cream, cookies, cakes, brownies or other sweets at school?

a. I did not buy any at school during the last week..... 1 **(GO TO 4)**

b. 1 or 2 times during the last week in school. 2

c. 3 or 4 times during the last week in school. 3

d. 1 time per day 4

e. 2 times per day 5

f. 3 times per day 6

g. 4 or more times per day 7

3. During the **last week** that you were in school, where in the school did you usually **buy** candy, ice cream, cookies, cakes, brownies or other sweets?

a. Vending machine in school..... 1

b. School cafeteria 2

c. Somewhere else in school..... 3

4. In your school, can kids **buy** potato chips, corn chips (Fritos, Doritos), Cheetos, pretzels, popcorn, crackers or other salty snack foods at school?
- a. Yes..... 1 **(GO TO 5)**
 - b. No 2 **(GO TO 7)**
5. During the **last week** that you were in school, how many times did you **buy** salty snack foods at school?
- a. I did not buy any at school during the last week..... 1 **(GO TO 7)**
 - b. 1 or 2 times during the last week in school. 2
 - c. 3 or 4 times during the last week in school. 3
 - d. 1 time per day 4
 - e. 2 times per day 5
 - f. 3 times per day 6
 - g. 4 or more times per day 7
6. During the **last week** that you were in school, where in the school did you usually **buy** salty snack foods?
- a. Vending machine in school..... 1
 - b. School cafeteria 2
 - c. Somewhere else in school..... 3

7. In your school, can kids **buy Soda pop** (EXAMPLES Coke, Pepsi, Mountain Dew), **sports drinks** (EXAMPLE Gatorade), **or fruit drinks that are not 100% fruit juice** (EXAMPLES Kool-Aid, Hi-C, Fruitopia, Fruitworks) in the school?
- a. Yes..... 1 **(GO TO 8)**
- b. No 2 **(GO TO 10)**
8. During the **last week** that you were in school, how many times did you **buy** soda pop, sports drinks, or fruit drinks at school?
- a. I did not buy any at school during the last week..... 1 **(GO TO 10)**
- b. 1 or 2 times during the last week in school. 2
- c. 3 or 4 times during the last week in school. 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7
9. During the **last week** that you were in school, where in the school did you usually **buy** soda pop, sports drinks, or fruit drinks?
- a. Vending machine in school..... 1
- b. School cafeteria 2
- c. Somewhere else in school..... 3

The next questions ask about food you ate or drank during the **past 7 days**. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

10. During the **past 7 days**, how many **glasses of milk** did you drink? (Include all types of milk, including cow's milk, soy milk or any other kind of milk; include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

- a. I did not drink milk during the past 7 days 1 **(GO TO 12)**
- b. 1 to 3 glasses during the past 7 days 2
- c. 4 to 6 glasses during the past 7 days 3
- d. 1 glass per day 4
- e. 2 glasses per day 5
- f. 3 glasses per day 6
- g. 4 or more glasses per day 7

11. What kind of milk did you drink during the **past 7 days**?

- a. Regular milk from a cow (including whole milk, lowfat milk, chocolate milk or any other kind of cow's milk) 1
- b. Soy milk 2
- c. Both regular milk and soy milk 3
- d. Some other kind of milk 4

12. During the **past 7 days**, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

- a. I did not drink 100% fruit juice during the past 7 days 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

13. During the **past 7 days**, how many times did you drink **Soda pop** (EXAMPLES Coke, Pepsi, Mountain Dew), **sports drinks** (EXAMPLE Gatorade), **or fruit drinks that are not 100% fruit juice** (EXAMPLES Kool-Aid, Hi-C, Fruitopia, Fruitworks)?

- a. I did not drink any during the past 7 days ... 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

14. During the **past 7 days**, how many times did you eat **green salad**?

- a. I did not eat green salad during the past 7 days 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

15. During the **past 7 days**, how many times did you eat **potatoes**?
(Do **not** count french fries, fried potatoes, or potato chips.)

- a. I did not eat potatoes during the past 7 days 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

16. During the **past 7 days**, how many times did you eat **carrots**?

- a. I did not eat carrots during the past 7 days 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

17. During the **past 7 days**, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)

- a. I did not eat other vegetables during the past 7 days 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

18. During the **past 7 days**, how many times did you eat **fruit**, such as apples, bananas, oranges, berries or other fruit? (Do **not** count fruit juice.)

- a. I did not eat fruit during the past 7 days..... 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7

19. During the **past 7 days**, about how many times did you eat a meal or snack from a fast food restaurant such as McDonald's, Pizza Hut, Burger King, KFC (Kentucky Fried Chicken), Taco Bell, Wendy's and so on?

- a. I did not eat food from a fast food restaurant during the past 7 days..... 1
- b. 1 to 3 times during the past 7 days..... 2
- c. 4 to 6 times during the past 7 days..... 3
- d. 1 time per day 4
- e. 2 times per day 5
- f. 3 times per day 6
- g. 4 or more times per day 7