

Indicator 41. Sports Participation

Percent of population 7 years old and over participating in sports activities in the past year, by age: 1986 to 1994

Activity	1986			1990			1994		
	7 years old and over	12- to 17-year-olds	18- to 24-year-olds ¹	7 years old and over	12- to 17-year-olds	18- to 24-year-olds ¹	7 years old and over	12- to 17-year-olds	18- to 24-year-olds ¹
Aerobic exercising ²	10.2	11.5	16.4	10.4	9.4	17.6	10.0	5.0	17.3
Backpacking	3.7	7.6	5.8	4.8	6.2	6.3	4.2	6.5	6.4
Baseball	6.5	23.8	9.4	6.9	22.9	9.4	6.5	18.9	5.1
Basketball	9.9	35.4	16.8	11.7	41.4	17.2	12.1	36.3	14.9
Bicycle riding ²	23.1	47.5	23.9	24.6	45.0	24.5	21.4	42.7	19.7
Calisthenics ²	6.7	14.1	8.8	5.9	10.7	7.0	3.6	5.7	4.8
Camping	19.2	26.0	20.9	20.6	27.3	20.7	18.4	25.4	20.8
Exercise walking ²	24.9	13.4	22.4	31.8	16.9	25.2	30.4	12.9	28.4
Exercising with equipment ²	14.9	20.8	26.8	15.7	16.2	25.0	18.8	14.0	27.0
Fishing-fresh water	19.0	24.2	20.7	18.5	21.8	20.0	17.4	21.1	19.5
Fishing-salt water	5.7	5.8	5.5	5.5	6.6	6.4	4.9	4.7	5.3
Football	5.6	23.4	10.8	6.4	25.5	12.4	6.7	22.6	9.1
Golf	9.3	8.8	11.8	10.2	7.9	11.2	10.6	8.6	13.3
Hiking	7.9	10.7	9.9	9.8	9.5	8.6	10.9	12.8	13.2
Hunting/shooting firearms	9.6	12.4	13.4	8.2	10.6	11.3	7.0	9.7	9.0
Racquetball	3.6	5.0	8.3	3.6	3.1	9.0	2.3	2.0	4.9
Running/jogging ²	10.8	23.2	18.8	10.6	22.8	17.2	8.8	15.5	14.1
Skiing-alpine/downhill	4.5	9.0	9.8	5.1	10.2	10.4	4.6	5.1	7.8
Skiing-cross country	2.2	2.9	1.9	2.3	2.5	2.2	1.5	2.1	1.5
Soccer	3.8	16.3	2.9	4.9	18.7	4.1	5.4	16.1	3.6
Softball	9.7	22.1	15.9	8.9	19.3	13.5	7.8	16.3	11.1
Swimming ²	33.8	56.0	41.8	30.0	52.8	38.1	25.9	42.6	25.9
Tennis	8.4	19.1	16.9	8.2	18.4	15.3	5.0	9.5	7.2
Volleyball	9.7	24.5	18.5	10.3	28.5	18.4	7.5	19.3	11.9

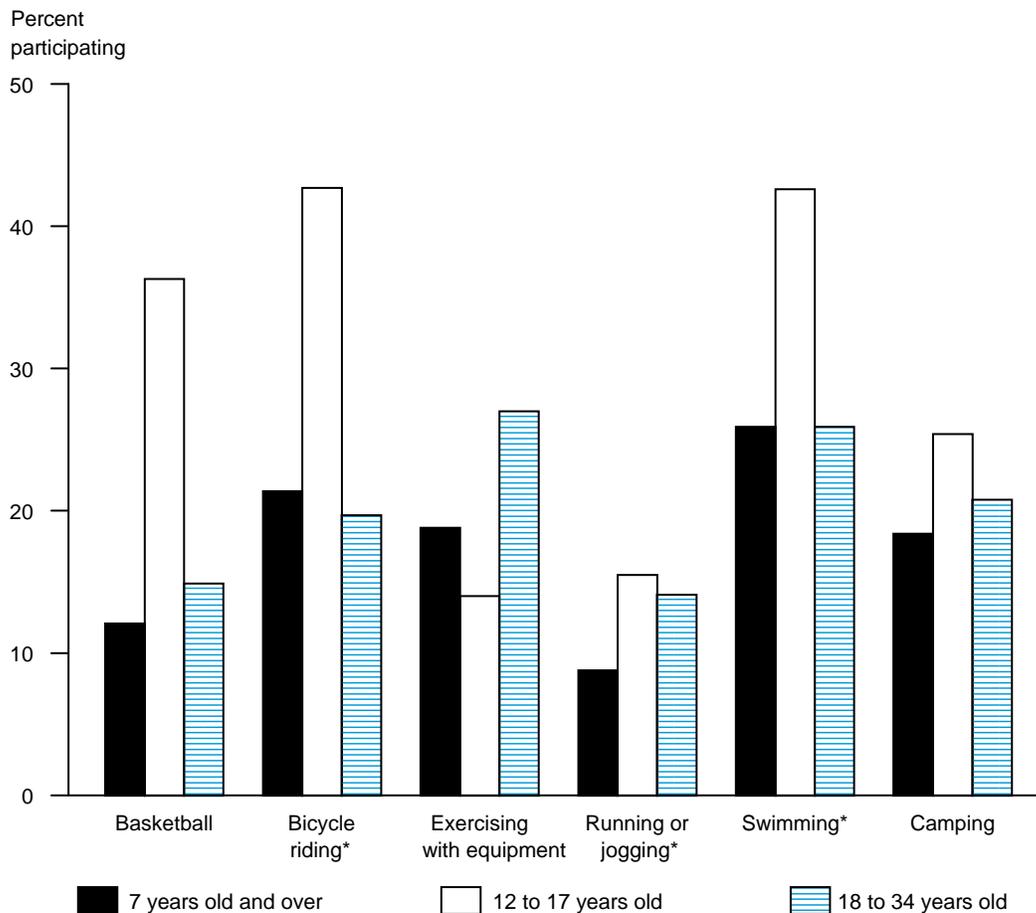
¹Data are not available in same age categories for each year.

²Participant engaged in activity at least six times in the year.

SOURCE: National Sporting Goods Association, *Sports Participation in 1986*, Series I; and *Sports Participation in 1988–1991*, Series I; and unpublished data.

Indicator 41. Sports Participation

Participation in sports activities, by age: 1994



* Participated in activity at least six times in the year.

SOURCE: National Sporting Goods Association, *Sports Participation in 1986*, Series I; and *Sports Participation in 1988–1991*, Series I; and unpublished data.

Teenagers are more likely to participate in many types of sporting activities than other age groups. Compared with 18- to 34-year-olds, 12- to 17-year-olds are more likely to participate in most organized group sports, bicycle riding, and swimming, but less likely to participate in aerobics, exercise walking, or exercising with equipment.